




NBRC Gym Schedule

August 10-16

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
6:00am	Open Gym 6:00-7:30	Open Gym 6:00-8:30	Open Gym 6:00-7:30	Open Gym 6:00-8:30	Open Gym 6:00-7:30	Annual Facility Maintenance Shutdown August 15 - 23 No Classes			
6:30am									
7:00am									
7:30am	Drop-in Fit For Life 7:30-8:30								
8:00am									
8:30am	Camp 8:30-9:15	Camp 8:30-9:15	Camp 8:30-9:15	Camp 8:30-9:15	Camp 8:30-9:15				
9:00am	Pickleball 9:15-10:30	Open Gym 9:15am- 12:00pm	Pickleball 9:15-10:30	Open Gym 9:15am- 12:00pm	Open Gym 9:15-10:30am				
9:30am									
10:00am									
10:30am	Drop-in Fit For Life 10:30am- 11:30am								
11:00am									
11:30am	Drop-in Adult Basketball 11:30-1:30	Pure Step 12:00-1:00	Drop-in Adult Basketball 11:30-1:30	Pure Step 12:00-1:00	Drop-in Adult Basketball 11:30-1:30				
12:00pm									
12:30pm		Drop-in Senior Basketball 1:00-2:30		Drop-in Senior Basketball 1:00-2:30					
1:00pm	Open Gym 1:30-3:30	Open Gym 2:30-3:30	Open Gym 1:30-3:30	Open Gym 2:30-3:30	Open Gym 1:30-3:30				
1:30pm									
2:00pm									
2:30pm	Camp 3:30-4	Camp 3:30-4	Camp 3:30-4	Camp 3:30-4	Camp 3:30-4				
3:00pm									
3:30pm									
4:00pm	Open Gym 4:00-9:30	Open Gym 4:00-6:00	Open Gym 4:00-7:30	Open Gym 4:00-6:00	Open Gym 4:00-7:30				
4:30pm									
5:00pm									
5:30pm		Wmns Wrkout 6:00-7:00		Wmns Wrkout 6:00-7:00					
6:00pm									
6:30pm		Men's Adult Basketball League 7:00-9:30	Men's Drop- In Basketball 7:30-9:30	Men's Adult Basketball League 7:00-9:30					
7:00pm									
7:30pm									
8:00pm									
8:30pm									
9:00pm									
9:30pm									





GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-413-7260 or go to [Http://www.boulderparks-rec.org](http://www.boulderparks-rec.org)